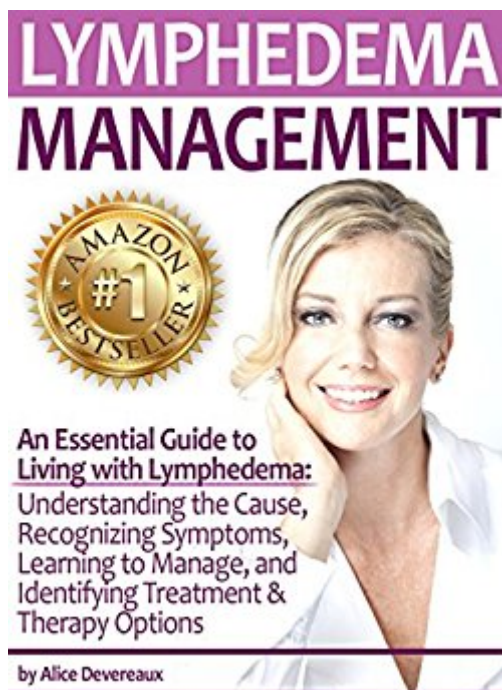


The book was found

Lymphedema Management: An Essential Guide To Living With Lymphedema - Understanding The Cause, Recognizing Symptoms, Learning To Manage, And Identifying Treatment & Therapy Options



Synopsis

If you want to learn how to manage your lymphedema and not let it get in the way of life, then this book is for you. Read on your PC, Mac, smart phone, tablet, or Kindle device. Lymphedema is a disease characterized by a swelling in the limbs and certain other body parts due to a condition in one's lymphatic system. Because there is no cure, it can be easy for people diagnosed with the condition to think there is simply nothing they can do. The fact is, although it can't be altogether cured, Lymphedema and its symptoms can certainly be successfully managed. That said, for some people with Lymphedema, going to a doctor to manage symptoms is simply too costly, so they choose to do nothing. I hope to help you change that mindset throughout the course of this book. I would like to show you that, if you or your loved one has Lymphedema, there is always something you can do to better your health without necessarily spending a great deal of money. Of course you will still need to involve your doctor; I certainly wouldn't suggest that you substitute this book for medical attention and personalized advice from your doctor. However, I would like to show you that there are many things you can do, from diet to exercise modifications to at-home therapies, to help manage lymphedema so you can live life to the fullest without anything holding you back. Here Is A Preview Of What You'll Learn...What Lymphedema is, Its Possible Complications and Risk FactorsThe Causes and Symptoms of LymphedemaThe Different Treatment Options and How to Select the One that's Right for YouChoosing the Best Compression GarmentExercises and Lifestyle Choices for the Management of LymphedemaMuch, much more!Download your copy today!

Book Information

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Customer Reviews

I like this book & I used this in managing lymphedema for my patients. It is an essential guide in treating lymphedema. With proper management & prompt treatment, you can easily manage lymphedema & prevent it from worsening. This is highly recommended for patients suffering from lymphedema. You can share it to your friends or family members to provide support & assistance.

This comprehensive guide is filled with so much good advice as to how to manage Lymphedema. Its is ideal for physical therapists, physicians, nurses, other health care professionals, and students who need a full understanding of this complex topic. Lymphedema Management offers the current, evidence-based techniques that are essential for treatment success. I highly recommend this book especially to those students who are taking up medical-related course in order to add their knowledge about the subject.

This is an excellent book on Lymphedema which gives a basic understanding as to what Lymphedema is and identifies the causes and symptoms of this disease as well as the different types of Lymphedema. There is further information as it relates to the different treatment and therapy options as well as managing the disease. Learn types of exercises as well as other important pointers

This book I liked the fact that the author gives the necessary information about the nature of the disease, as well as giving advice on choosing the best method of treatment and lifestyle. Overall, this book is is worthy of attention!

This book can help you identify if you have Lymphedema. You might not know you have it. If you or a loved one have it, this book can help you manage your Lymphedema. There is a lot of helpful information in this book. I would recommend reading it even if you don't have it. It may help you to identify the symptoms in someone else or help them ease their suffering. Good information - I learned a lot!

It was really difficult to read about such things, but I wanted to know this question as my friend might have such problem. The book has very good research of this topic and explains all the symptoms with the directions how to treat, how prevent and how to deal with it. Recommend to read this book if you have this disease.

A relative has just found out they have Lymphedema and I was wanting to learn more about it and how I could help her manage it. This book has some good information and explains some useful exercises well that you can follow to help relieve the symptoms. It's a useful book to read and one I'm glad I bought as I can now tell her some things that can help.

This is helpful for those wondering if they have lymphedema to those who have had the disease for years. It would also be good for people who know someone with lymphedema so they know how to be supportive.

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